

POST OPERATIVE FOR EXTRACTION

Date _____

Patient Name _____

1. DO NOT RINSE MOUTH FOR HOURS: Tomorrow rinse mouth gently every 3 to 4 hours (especially after meals) using 1/4 teaspoon of salt to a glass of warm water. Continue rinses for several days.
2. DO NOT DRINK THROUGH A STRAW FOR 24 HOURS
3. DO NOT SPIT OUT FOR HOURS
4. BLEEDING: Following extractions some bleeding is to be expected. If bleeding persists place gauze over the bleeding area and bite down firmly for 1/2 hour. Repeat if necessary.
5. SWELLING: Ice bag or chopped ice wrapped in a towel should be applied to operated area 1/2 hour of and on for 4 to 5 hours.
6. PAIN: For mild to average pain use any non-aspirin type of medication you like.
7. FOOD: Light diet is advisable during the first 24 hours.
8. BONY EGES: Small sharp bone fragments may work up through the gums during healing. These are not roots. If they become annoying please return to this office for their simple removal.
9. If any unusual symptoms occur, call the office at once 239-732-4656
10. The proper care following oral surgery procedures will prevent any complications.

Thank You

For Smiles Dentists